

Farina Raisin Cookies

Makes: 12 Servings

Enjoy your sweets in moderation. These cookies are made with farina and are quick and easy to prepare.

Ingredients

nonstick cooking spray

1/2 cup margarine

1/2 cup brown sugar (packed, or 1/2 cup regular sugar)

1 egg

1 teaspoon vanilla extract

1 cup flour

1/2 teaspoon baking soda

1/4 teaspoon salt

1/4 cup dry farina

1/2 cup raisins

Directions

- 1. Preheat oven to 375 degrees F. Coat a cookie sheet with nonstick cooking spray.
- 2. In a large bowl, beat the margarine and sugar with a wooden spoon until creamy. Add the egg and vanilla and mix well.

Calories	90
Total Fat	4 g
Saturated Fat	2 g
Cholesterol	15 mg
Sodium	60 mg
Total Carbohydrate	13 g
Dietary Fiber	0 g
Total Sugars	7 g
Added Sugars included	N/A
Protein	1 g
/itamin D	N/A
Calcium	9 mg
Iron	1 mg
Potassium	N/A

- 3. Stir in flour, baking soda, salt, farina, and raisins and stir well.
- 4. Drop by the teaspoonful onto the cookie sheet.
- 5. Bake for 8 to 10 minutes or until lightly browned.

Source: Recipe adapted from Commodity Supplemental Food Program Cookbook